



Sons in Retirement (SIR) is a non-profit public benefit corporation for men. Membership is open to men regardless of age, race, national origin or religion. Begun in 1958, SIR has thousands of members and branches in most areas of Central and Northern California.

WE CREATE ACTIVITIES OUR MEMBERS ENJOY.

We have monthly luncheons with interesting speakers and good fellowship. Additionally, our members have lots of fun doing a variety of other activities such as golf, fishing, bowling, card games and computers. Many activities like travel, dining, picnics, and holiday parties include our ladies and guests.

BUT THERE ARE SOME THINGS WE DON'T DO!

We don't raise money. We don't have a political agenda. We don't have a religious orientation. We don't sell light bulbs or anything else. We don't have a problem with organizations that do these things, its just that we don't. Come join us - make new friends and have fun.

Fun Opportunity For Mature Men!



Are you retired?

Semi-retired?

Thinking about retirement?

Join Sons In Retirement to get more enjoyment in your leisure years. Meet new people, participate in some of your favorite activities, try some new activities, and learn some new things!

Call one of the contacts on the following pages to receive a **free lunch** and be entertained by a speaker who will discuss an interesting topic. Share this opportunity with a friend!

You have nothing to lose, and years of enjoyment to gain!

You can also check us out at <http://www.sirinc.org>. If the locations for Branch 14 or Branch 33 are not convenient, there other branches that may better fit your needs.

SIR Branch 14

Fort Sutter

Luncheon: We meet the fourth Thursday of each month at Stock Ranch Road Retirement Community, 7418 Stock Ranch Road, Citrus Heights. We have an intimate group of about 30 men at each luncheon, and we invite wives twice a year for a Picnic and a Ladies Day luncheon. The meal is moderately priced and includes beer and wine. We always have interesting speakers.

Our Favorite Activities*

Woodworking: We meet at a member's workshop the Friday after the luncheon for coffee and pastries. We often have a little training on tools or methods, or work on various kinds of projects. It is a fun time for an experienced woodworker, or a novice with an interest in woodworking.

Outings: Every other month we have an activity where we visit such places as wineries, historic sites or sporting events. Wives and other guests are always welcome.

Bowling: Several members participate in a SIR bowling league on Tuesdays at Country Club Lanes on Watt Ave., Sacramento.

Golf: We play on Monday mornings twice per month at various golf courses. It is usually a small group and not competitive - just some friends getting together to enjoy a round of golf.

Photography: We have an annual photography contest with winners announced at our Ladies Day luncheon. There will be opportunities to learn more about photography.

Contact: Hal Snow 916-788-4344, sw2snow@comcast.net

*Some members participate in activities in both branches.

SIR Branch 33

Country Club

Luncheon: We meet the second Monday of each month at the Elks Lodge, 5631 Cypress Ave., Carmichael. We have a good group of about 45 men at each luncheon. You get a full buffet lunch at a moderate price. We always have interesting speakers. Our dues are \$1.67 per month (\$20.00 per year).

Our Favorite Activities*

Country Club Aires: We are the home of a men's chorus and band, and participating members perform weekly around the Sacramento Area. Check us out at www.CountryClubAires.org

Golf: A small group from SIR Branches 33 and 127 get together for a handicap score tournament every Thursday and play for small cash prizes. We play at a variety of courses.

Poker: The group plays once a month. The games are dealer's choice, with low stakes, and about 7 players per table with room for more players.

Fishing: The Weels and Reels group meets for breakfast at Co-co's on the 4th Monday of each month to plan their next excursion to Folsom Lake or another local spot.

Breakfast Buddies: A group of Branch 33 members get together at Lido Cafe on the 3rd Wednesday of each month.

Casual Activities: Some members get together for Bowling, Bocce Ball, Bridge, Travel, and other activities.

Contact: Jack Gilmore 916-965-5674, jackgilmore64@gmail.com

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